

Do you want to be an Aged Care Worker?

WHAT YOU NEED TO KNOW



Each year in Australia the elderly population increases as we are all living longer. This is a result of advances in medical science, improved health services and greater awareness of the needs of the aged within the community. Shortages in the field of Aged Care are expected to be HUGE in the next ten to twenty years due to the disproportionate number of elderly people. Therefore it is a great time to get involved!

Who wants to be an Aged Care Worker? Someone who ...

- ✓ Enjoys spending time with and has empathy for older people
- ✓ Isn't afraid of 'getting their hands dirty' and is adaptable
- ✓ Has a patient and caring nature and is able to interact with people of various cultures and backgrounds
- ✓ Is happy to work a wide range of shifts including night time and early mornings, weekends and public holidays
- ✓ Has good communication skills

What do Aged Care Workers do?

- ✓ Work as part of a team under the supervision of nurses and other health professionals
- ✓ Talk to and provide companionship for elderly people
- ✓ Assist aged people with their showering, dressing and eating as they are often unable to do this without help
- ✓ Perform household tasks such as cooking, cleaning and assist with personal shopping, doctors visits and paying bills
- ✓ Support elderly people who are disorientated and forgetful, often with dementia
- ✓ Aged care often involves driving to various private homes, to meet the needs of the aged within the local community



We can help you.

Where do Aged Care Workers work?

- ✓ Mostly indoors in nursing homes, hostels and aged care centres
- ✓ Private homes assisting elderly people with daily living tasks to enable them to stay in their own homes
- ✓ Aged Care Workers are employed across several industries including: Health Care and Social Assistance, Recreation Services and a variety of Charitable Organisations



Why become an Aged Care Worker?

- ✓ There is a huge demand for Aged Care Workers and this is expected to increase in the next 10–20 years.
- ✓ Personal job satisfaction working in a role that helps people who rely on your skills and kindness

How do I become an Aged Care Worker?

- ✓ Start with a work experience placement to get some hands-on experience and get a feel for whether this is the RIGHT CHOICE for you
- ✓ Apply for a police check
- ✓ Obtain a senior first aid certificate
- ✓ Apply for and complete a 2 year Traineeship and achieve a Certificate III in Aged Care qualification (school based traineeships available)

Want more Information?

Call the **RIGHT CHOICE Hotline 1300 731 783** or visit
www.maketherightchoice.com.au

